

LonGBoaT Wakefield Charitable Incorporated Organisation

2024 - 2025



About Us



LonGBoaT Wakefield CIO is a passionate and dedicated charity based in Wakefield, West Yorkshire. We are devoted to providing a platform for LGBT+ individuals and allies to come together and create an inclusive environment as well as delivering events, activities and services.

LonGBoaT Wakefield was established in 2018 as a community group, to continue a pride event held on Southgate. Since then we have grown both our pride event and other events and activities held throughout the year. LonGBoaT Wakefield became a Charity Incorporated Organisation (CIO) in April 2024.

We organise various events throughout the year, LonGBoaT Wakefield Community Pride and an annual Virgin Drag Competition to celebrate the diversity and strength of the LGBT+ community.

We strive to make Wakefield a more inclusive and understanding space for everyone and are proud to be a part of the local community. Join us and become a part of the LonGBoaT Wakefield CIO family.

Scan the QR code to discover our website, social media & meet the Trustees





Community Pride

Pride is both LonGBoaT's and the LGBT+ community largest event of the year. It is a time to celebrate equality, diversity and inclusion as well as reflect the on past achievements and future of our community. We aim to bring all aspects of the LGBT+ community and our allies together to embrace our differences and similarities whilst revelling in a mix of music, drag and family entertainment on our main stage.





Wakefield Kirkgate Station Adoption



Boosting Mental Health in the LGBT Community

The Wakefield Kirkgate Station Adoption Project (WKSA) is an initiative aimed at transforming the neglected areas of Wakefield Kirkgate Station into vibrant, green spaces through community gardening. Community gardening projects like the WKSA offer a therapeutic escape from the stresses of daily life.

Importance of Community Projects for LGBT Mental Health

For the LGBT+ community, these projects are particularly beneficial. The mental health challenges faced by LGBT+ individuals are substantial. According to a 2021 report by Stonewall, 52% of LGBT+ people have experienced depression, and 61% have anxiety. Additionally, young LGBT+ individuals are nearly twice as likely to attempt suicide compared to their non-LGBT+ peers. These statistics highlight the urgent need for supportive environments that can alleviate these mental health issues.

Therapeutic Benefits of Gardening

Gardening is known to have numerous mental health benefits. It reduces stress, improves mood, and enhances overall well-being. Engaging in gardening activities can help lower cortisol levels, which are associated with stress. For LGBT+ individuals, who often face societal stigma and discrimination, gardening provides a peaceful refuge where they can focus on nurturing plants and witnessing tangible results of their efforts.

Social Connectivity and Inclusion

One of the core benefits of the Wakefield Kirkgate Station Adoption Project is the sense of community it fosters. LGBT+ individuals often experience social isolation. According to the Mental Health Foundation, 24% of LGBT+ people have felt life is not worth living due to loneliness. Community gardening projects offer a platform for social interaction, helping to build connections and support networks. Involvement in these projects provides a sense of belonging, reducing feelings of isolation and loneliness.



Wakefield Kirkgate Station Adoption



Empowerment and Skill Development

Participating in the Wakefield Kirkgate Station Adoption Project empowers LGBT+ individuals by providing them with opportunities to develop new skills and take on leadership roles. This can significantly boost self-esteem and confidence. According to the LGBT+ Foundation, 46% of LGBT+ people feel their self-esteem is affected by discrimination. By contributing to a community project, individuals can counteract these negative feelings with positive experiences and achievements.

Visibility and Representation

The presence of LGBT+ individuals in community projects like this one enhances visibility and promotes acceptance. It sends a powerful message of inclusion and diversity. When LGBT+ individuals see themselves represented in positive, community-driven initiatives, it can enhance their sense of pride and identity. This visibility is crucial in challenging stereotypes and fostering a more accepting society.

A Inclusive Space

This project is designed to be an inclusive space where LGBT+ individuals and their allies can express themselves freely without fear of judgment or discrimination. According to the Office for National Statistics, 40% of LGBT people have experienced a hate crime or incident in the past year. Inclusive spaces are essential for mental health, offering a respite from external pressures and a place to be authentic.

The Wakefield Kirkgate Station Adoption Project is more than just a gardening initiative; it is a lifeline for the mental health of the LGBT+ community. By providing therapeutic benefits, fostering social connections, promoting empowerment, enhancing visibility, and ensuring safety, the project addresses many of the unique mental health challenges faced by LGBT+ individuals in the UK. In a world where discrimination and isolation still impact many lives, community projects like this one are crucial in building a more inclusive and mentally healthy society.



Our weekly trivia nights are run by LonGBoaT Wakefield CIO volunteers at the New Union pub, 2 Almsgate, Wakefield. The main focus is on the quiz, however other pub games such as "Play Your Cards Right" and "Killer Pool" are also played alongside a food offering.



Throughout the year we host many other events to bring the LGBT+ community together. Raffles, food & pride themed merchandise also sold through the events

80's Night

The best of the 80's and everyone is encouraged to dress the part. A prize for the best dressed on the night.

Virgin Drag Competition

An annual competition for new, talented drag artists to compete for a prize and the title of our winner. The winner also gets an automatic slot at our Pride event to perform. A very popular night in our events calendar.

Halloween

Each year has a different theme, but LonGBoaT goes all out with the support of our usual venue. Best dressed competition, performances and ghoulie treats throughout the night.

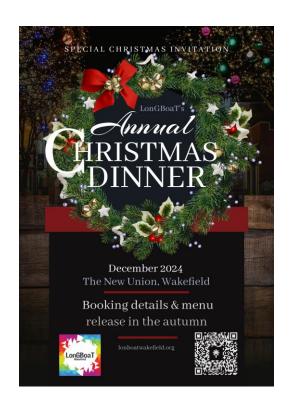
Christmas Meal

Bringing the community together at the festive season to make sure no one is left to face the festive season alone. A festive family meal with games and prizes.



Other Events











Future Projects 2024 - 2025

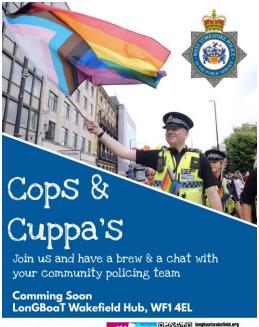
Becoming a charity in April 2024 has allowed us to formalise all our processes, procedures and opened up exciting opportunities for us to help the LGBT+ community in Wakefield.

Throughout 2024 and into 2025 we are investigating, planning and gauging interest for several other projects which include:

- Parent Groups: based at a coffee house within Wakefield city centre, for parents and families with LGBT+ members, providing resources and support.
- Hate Crime Reporting Centre: working with West Yorkshire Police and local authorities to become a reporting centre. This is to improve confidence and reporting of hate crimes within Wakefield's LGBT+ community.
- Safe Space Network: create a network of LGBT+ safe / friendly businesses within Wakefield, getting businesses and service providers to sign up to our values and advertise this with our logo / window decals
- Job & Careers Fair: to support recruitment and employment within the community and to allow business to showcase their LGBT+ credentials.
- **LonGboaT to 5k** to bring together all communities in the district around a core aim of getting fit and to give LGBT+ people an outlet away from nightlife culture. Based on the NHS Couch to 5k programme.
- Expand Events Range: incorporate other decade events (such as 90's / 00's Night) or theme nights



Other **Events**























2024 Event Map

















RETRO

Watchout for our Retro events

throughout the year. From 80's

through the decades and bringing

Keeps your eyes peeled for our

nights to remember.

you Klub Kids of the future.



Here is what we have coming up this year. So keep your eyes pealed for specifics dates and times and other details.





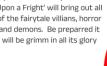




JULY



Upon a Fright' will bring out all of the fairytale villians, horror and demons. Be preparred it





DECEMBER



Our annual Christmas meal with all the trimmings, quizzes, games and entertainment. Chances to win prizes and festive fun after a 3 course meal with all the trimmings



Yes crack out the flags and display your colours. Our annual LonGBoaT Wakefield Pride event will be back again. With a day full of entertainment, joy and bringing the LGBT+ Community together along with our allies to celebrate, promote and raise awareness of equality for all.

PRIDE

PRIDE

28 OCTOBER



Email: wakefieldlongboat@gmail.com Web: www.longboatwakefield.org



Volunteering Opportunities

All our events, activities and work is done by Trustees and our team of volunteers, so any support is greatly appreciated.

As a volunteer we will be able to provide you with opportunities to put your skills and abilities to a good use and we will be able to support you with developing new skills. This is provided with a mix of experience and exposure to something new and in some cases certified courses. Some travel expenses can be reimbursed (with prior authorisation) and on events where food is available will have the option of a meal provided.



Once we have reviewed your application a Trustee will be in touch to have a chat with you either face to face or over the phone. Unfortunately we are unable to take volunteers aged under 18.

Should you need support in completing this form please email volunteers@longboatwakefield.org or speak to a Trustee who will do their best to support you.



Contact LonGBoaT

General Enquiries: general@longboatwakefield.co.uk

Volunteering Opportunities: volunteers@longboatwakefield.org

Wakefield Kirkgate Adoption: kirkgate@longboatwakefield.org

David Swyer: Chair of Trustees chair@longboatwakefield.org

Chris Hughes: Vice Chair of Trustees vicechair@longboatwakefield.org

Andrew Dwyer: Secretary secretary@longboatwakefield.org

David Hallows: Treasurer treasurer@longboatwakefield.org

LonGBoaT Wakefield
The Station Masters House,
Wakefield Kirkgate Railway Station,
Monk Street,
Wakefield,
WF1 4EL.

Scan the QR code to access our website longboatwakefield.org, Instagram or Facebook.

You can also make a one off PayPal donation; or sign up to our lottery and be in with a chance to win up to £25,000 (in partnership with

The Rainbow Lottery).

